

**We See Jesus In Everything We Do**

St Edward's Catholic First School, Parsonage Lane, Windsor SL4 5EN

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Wednesday 24<sup>th</sup> May 2023

Dear Parents and Carers,

Firstly, thank you for supporting this year's Wellbeing Campaign. Our three Wellbeing Champions worked incredibly hard and have developed an excellent understanding of emotional wellbeing across the school. The activities, themes, competitions, interviews, visitors – the list is endless – have been fantastic! We're looking forward to collecting feedback after half term so we can start preparing next year's campaign. Which leads me to...

I'm very pleased to introduce you to next year's Wellbeing Champions!



After half term, our new Wellbeing Champions will receive a handover from our previous champions and start gathering feedback and ideas from the children throughout the school. Our new campaign will begin in September.

**Our Campaign**

Next year's campaign will be linked to and supported by EmpathyLab. Our champions will still be trained and inspired by RBWM's campaign, but they will also receive training throughout the year by EmpathyLab as part of their Empathy Programme:

<https://www.empathylab.uk/our-foundation-empathy-programme>

*Empathy is being able to experience and understand other people's feelings and points of view.*



If you have any questions or suggestions, please don't hesitate to contact me.

Mr Keohane  
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