



**achieving  
for children**



THE ROYAL BOROUGH OF  
**WINDSOR AND  
MAIDENHEAD**

## **Emotional Wellbeing Champions**

*Bookings opening soon for January 2022*



### **The Wellbeing Team** invite you to take part in the 2022 **Emotional Wellbeing Champions** programme

The programme supports schools to develop a positive culture around mental health.

Workshops offer students the opportunity to further their knowledge  
and create their own anti-stigma campaigns within their school.

#### **Programme details**

- 1 full training day (9.30am - 2.30pm). Venue and date TBC.
- 1 follow up session (60 minutes) led by a Wellbeing Practitioner at each school.

#### **Are you interested in taking part in this flagship event?**

If so, you will need to identify six students (years 4-6) from your school to join other primary schools from RBWM. You will also need to identify one member of staff with an interest in mental health and a strong commitment to support the students throughout the school year with the implementation of their campaigns.

Email [emily.try@achievingforchildren.org.uk](mailto:emily.try@achievingforchildren.org.uk)  
for more information and booking details

**time to change**

**let's end mental health discrimination**