



PE Yearly Overview – St Edward’s Catholic First School

	EYFS	Year 1	Year 2	Year 3	Year 4
Term 1	Balancing Games	Football Skills	Football Skills	Football	Football
Subject Leadership Time	Listening Games	Balls Skills & Yoga	Swimming	Hockey	Hockey
Term 1 – WSSP		Dance			
Term 2	Sending / Receiving	Throwing & Catching	Throwing & Catching	Tag Rugby	Tag Rugby
Subject Leadership Time		Balls Skills & Yoga	Swimming	Hockey	Hockey
Term 2 – WSSP			Dance		
Term 3	Gymnastics Shape	Gymnastics Shape	Gymnastics Shape	Netball	Netball
Subject Leadership Time		Swimming	Balls Skills & Yoga	Hockey	Hockey
Term 3 – WSSP				Yoga	
Term 4	Coordination Ball Skills	Racket & Ball skills	Striking a ball – Tennis	Tennis – Striking / Footwork	Tennis – Game Play
Subject Leadership Time		Swimming	Balls Skills & Yoga	Hockey	Hockey
Term 4 – WSSP			Yoga		
Term 5	Gymnastics Movement	Gymnastics Movement	Gymnastics Movement	Athletics – Track & Field	Athletics Track & Field
Subject Leadership Time	Swimming	Balls Skills & Yoga	Balls Skills & Yoga	Hockey	Hockey
Term 5 – WSSP					Dance
Term 6	Running & Jumping	Running & Jumping	Running & Jumping	Kwik Cricket	Kwik Cricket
Subject Leadership Time	Swimming	Balls Skills & Yoga	Balls Skills & Yoga	Hockey	Healthy Minds
Term 6 – WSSP				Dance	

