

	EYFS	Year 1	Year 2	Year 3	Year 4	Well-being Champion themes
Autumn 1	Making Friends and new beginnings	Friendship and community	Celebrating Difference (I can identify some ways in which my friend is different from me)	Friendship and community (What communities we belong to)	Health and well-being (Physical well-being)	Explore identity
Autumn 2	Feelings and emotions	Family and close positive relationships	Dreams and Goals (I can explain some of the ways I worked cooperatively in my group to create the end product)	Family and close positive relationships (What makes a positive relationship)	Health and well-being (Mental health)	Changing society for the better
Spring 1	Being Safe (healthy eating)	Being safe	Healthy Me (I can make some healthy snacks and explain why they are good for my body)	Being safe (How to keep safe)	Ourselves, growing and changing	Hope for the future
Spring 2	Reaching for stars	Positive thinking	Relationships (I can identify some of the things that cause conflict between me and my friends)	Positive thinking (Positive attitudes and a growth mindset)	Shared responsibilities	Emotions
Summer 1 RSE	Please see the RSE section for plans.					
Summer 2	Transitions	Transitions	Changing Me (I can recognise the physical differences between boys and girls)	Transitions (Challenges worries)	Economic well-being (Aspirations, work and career)	Different cultures